THE ROAD TO HEALTH . . .

Using The Clark Method Newsletter

July/August 2002
by Bonnie O’Sullivan

Dear Friends,

A Letter from a Reader:

Dear Bonnie,

Just a note that I have wanted to write you long ago — to tell you how much I admire Sandy for being so brave — and also her mom! I hope that by now she is really on her way to recovery and that you are also doing better yourself.

Your newsletters have been incredibly informative. How I wish I could just sit down and chat with you at length.

Love, IB (WA)

Update on Sandy Petry, Bonnie’s daughter:

Colloidal Silver Brings Staph Infection Under Control

Colloidal Silver, eight teaspoons per day, has reduced the swelling and bruised-like pain in Sandy’s breasts, sides, arms and legs (caused by a staph infection that is in the bone marrow of her jawbone and in the lymph glands throughout her body) to a tolerable level. This improvement could not have happened if it had not been for a DMSO, vitamin C and antibiotic mixture that she had already been using (details below). Before using this mixture, when she took colloidal silver it caused the swelling and pain in the lymph glands throughout her body to become much worse, even when taken in small amounts (this was due to the silver causing too much bacterial die-off).

Since using the DMSO, vitamin C and antibiotic mixture for one month and the colloidal silver — for less than a week — her health improvements are happening as quickly as popcorn pops in hot oil, which I’m thrilled to be able to report to you. After taking the colloidal silver daily for only five days she was well enough to attend a three-day seminar,
am to 6 pm (at a nearby hotel), for emotional healing. She has been working on her emotional health using various methods on and off for years with very little success. However, after the staph infection was brought under control by the colloidal silver and the DMSO, vitamin C and antibiotic mixture, she responded beautifully to this method, which is called “EmoTrance.” (If you are interested in EmoTrance please call Dale at (800) 651-7080 or go on line at: http://www.yourhealthwiz.com.)

The colloidal silver Sandy is using is the Water Oz silver that we sell and have written about in the past. The method of taking it for staph infection (or any bacterial or viral infection) — eight teaspoons a day in divided doses — came from testimonials given to the Christian Brothers, who shared their testimonials with us. The Christian Brothers carry a different brand of colloidal silver. Any colloidal silver, even the kind you make yourself with a silver generator, will help kill bacteria in the body without harming the body. We recommend Water Oz colloidal silver because of its angstrom size molecules, which are smaller and more readily absorbed into the cells than the larger size molecules found in homemade or other brands of colloidal silver. Because the Water Oz minerals are angstrom size, exactly like the minerals we get from vegetables, they are perfect for the human body. Another good reason to choose Water Oz silver is the price. It is much less expensive than other brands, so please purchase your colloidal silver from the Road To Health (16 oz. for $25.00 or four 32 oz. bottles for $100.00. You may also join the Water Oz Buyer’s Club — please sign up under “Bonnie O’Sullivan” — and get a better price). To sign up for the Buyer’s Club or to order colloidal silver call: (800) 651-7080. You may also order from us on the Internet at: http://www.road-to-health.com/wocat/silver.htm.

**DMSO, Vitamin C & Antibiotic Mixture Helps Heal Cavitations**

Note: The following was written 3 weeks ago, after newsletter #45 was published, but before Sandy began taking colloidal silver.

For anyone who hasn’t read our recent newsletters containing Sandy’s story . . . Sandy has osteomyelitis of the jawbone, diagnosed last year by two dentists after she suffered for four years with whole-body pain and swelling that started in her left breast after she had a hysterectomy. Previously, six doctors had concluded that she had Somatization Syndrome, a condition that cannot be explained by a known general medical disorder and therefore symptoms are considered to be “all in the head.” By December 31, 2001 the last of Sandy’s teeth were extracted and since then she has had numerous jawbone scraping surgeries to remove a staph infection (cultured from fragments of her jawbone) from the bone marrow of her jawbone. All of the published information we can find about this condition is pessimistic about the full recovery of the patient. Jawbone infection is extremely difficult to get rid of due to the mouth having bacteria constantly present.

Osteomyelitis description (partial) from The Merck Manual of Diagnosis and Therapy, Osteomyelitis: Inflammation and destruction of bone caused by aerobic and anaerobic bacteria, mycobacterium, and fungi. Infection of bone is produced by blood borne organisms (hematogenous osteomyelitis); spread from infected tissue, including prosthetic joint infection; contaminated fractures; and bone surgery. Fungi and mycobacteria tend to localize to bone, causing indolent (slow-moving) chronic infections. If treatment of acute
osteomyelitis is only partially successful, low-grade chronic osteomyelitis develops with intermittent (months to many years) bone pain, tenderness, and sinus drainage. Chronic osteomyelitis is often polymicrobial. (Dr. Hulda R. Clark, Dr. Hal Huggins, Dr. Frank Jerome, and others, refer to Osteomyelitis of the jawbone as cavitations.)

After getting a great deal of pain relief in her jawbone and throughout her body from applying plain DMSO to her gums, Sandy decided to try a mixture of DMSO, Vitamin C and antibiotics on her gums. She got the idea after reading an article on the Internet on the following Web Site: http://www.mercola.com/1999/apr/18/dmso_and_vitamin_b12.htm (please see the article, DMSO and Vitamin B12, on page 6).

Since DMSO (dimethylsulfoxide), when put in or on the body, will carry with it any additional substance dissolved in it, Sandy thought this mixture would be an excellent way to get the antibiotics and vitamin C into the bone marrow of her jawbone, which is what her osteomyelitis specialist (M.D.) has been trying to do with IV drips with no success. So, she mixed the contents of two antibiotic capsules (clindamycin HCL, 150 mg. capsules) and one 1,000 mg. vitamin C capsule into two ounces of 70% DMSO (Christian Brothers’ DMSO is 99.5% DMSO and to get a 70% solution you add 30% distilled water). The vitamin C and antibiotic went into solution instantly and she put some of the mixture on her gums with a Q-tip. She noticed immediately that her jawbone felt even better than when she used the DMSO alone, and we hoped that it would eventually stop the bruised-like pain in her breasts. She put more of the mixture on her gums again before going to bed that night. The next morning her breast pain was less and has remained much reduced ever since. [Note: Sandy has also been taking antibiotics (clindamycin HCL, 150 mg. capsules) 2 capsules three times a day orally for months, with no change in her pain or swelling. She has continued to take them along with the DMSO, vitamin C and antibiotic mixture she is putting on her gums.]

The DMSO, vitamin C and antibiotic mixture tastes horrible, but Sandy says the bad taste in her mouth is a small price to pay for the pain relief she is enjoying! The bad taste is due to the antibiotic, not the DMSO (the unpleasantness of using DMSO is the resulting garlic-like odor on your breath and skin, which is almost non-existent when using Christian Brothers’ DMSO).

It is upsetting that Sandy was not told about using antibiotics mixed with DMSO for osteomyelitis of the jawbone by the doctors or dentists she has seen for the condition, but we understand that they can be labeled a quack and even lose their license if they recommend it to their patients. (Dr. Hulda R. Clark mentions using DMSO as a mouthwash, that you ultimately swallow for “maximum effectiveness,” for drawing toxins out of cavitations in The Cure For All Advanced Cancers on page 91, and gives the recipe on page 198. Sandy tried using it that way, but the good it did didn’t last long and the DMSO she used was extremely foul smelling on her breath and skin so she stopped using it.) [Note: To order The Cure For All Advanced Cancers by Hulda R. Clark, Ph.D., N.D., please call (800) 651-7080 or go to our Web Site at: http://www.drclarkproducts.com/buybooks.htm

It was due to ordering the 60-minute video and the book World Without Cancer, the B17 Story by G. E. Griffin, 1974 (ISBN 0-912986-19-0) from the Christian Brothers that Sandy was introduced to a practically odor-free DMSO — the Christian Brothers sent a free

We began looking for more information about apricot kernels after our good friend, Mr. Wynn Westover, sent Sandy the message that eating apricot kernels is an effective way to get rid of infection hiding in the hard to reach nooks and crannies of the body (see newsletter #45). We found testimonials of success in relieving pain using the combination of apricot kernels and DMSO in the “Journal” written by Jason Vale (one of the Christian Brothers) on the Web Site, mailto:apricots@roadtohealthmall.com. The DMSO from Christian Brothers is $14.00, plus shipping, for 2 fluid ounces (5 for $50.00, plus shipping). Christian Brothers’ toll free number is: (800) 395-7379. (Less expensive brands work just as well, but smell like a field of garlic.)] Purchase Apricot Kernels for $6.25 per pound from Rainbow Acres, minimum order $15, or three pounds for $18.75, plus UPS shipping. Buy 12 pounds and get 10% off, call (800) 622-2006 (We do not sell DMSO or apricot kernels).

We found DMSO in a health food store, and that’s the one that reeked of garlic and caused us to reek of it too. Then, we ordered DMSO over the Internet from mailto:dmsos@roadtohealthmall.com [$37.95 plus shipping (plus tax for Californians) for one gallon]. This DMSO smells like garlic too, but not as strong as the health food store brand. When we received the Internet DMSO, a letter was enclosed that stated, “Please do not ask us any medical questions or make any medical comments about DMSO. If you do, your questions will go unanswered. We refuse to sell DMSO to anyone who knowingly will use DMSO for medical purposes.”

Another Web Site, http://www.sullivancreek.com/DMSO.htm, has this to say, “DMSO has been available for some time now. It has been tested in numerous laboratory studies on both humans and animals and some very interesting results have been obtained. Unfortunately, to tell you about the health benefits discovered would be a violation of FDA regulations. If we told you about the studies that have been done we might infer or imply that this product is good for a wide variety of health conditions. And, although DMSO has been approved by the FDA for use with interstitial cystitis, it has not been approved for any other use by the FDA, in spite of hundreds of excellent studies. What is important, however, is that any doctor in the US can now legally prescribe DMSO for any purpose they may deem appropriate. And the research indicates it may be beneficial in a very large number of situations — perhaps more than any other known substance thus far being used in the medical communities.” For an interesting article on DMSO called DMSO (a.k.a. dimethylsulfoxide) by Ron Kennedy, M.D., Santa Rosa, California please turn to page 9.

Sandy began using both apricot kernels and DMSO over two months ago. She has been using the DMSO, vitamin C and antibiotic mixture on her gums for over a month and will continue for six weeks or more. She is also eating 20 apricot kernels daily and she will keep eating them and using DMSO on her gums for the rest of her life. She is drinking 32 oz. of home-juiced, organic, green vegetable juice daily (juicing once a week and freezing the juice in quart bottles), spraying “Metal- Free” in her mouth daily to remove any remaining heavy metals, such as mercury, from her tissues and taking coffee enemas daily to help eliminate the heavy metals. She is also zapping several hours daily with her Zapper and
taking Water Oz minerals to ensure excellent electrical conductivity throughout her bloodstream (she even zapped during her oral surgeries). [To order Metal-Free call us at (800) 651-7080 or go on line at http://www.road-to-health.com/metal-free/index.htm.] [To order a Zapper please call (800) 7080 or go on line at: mailto:zapper@road-to-health.com for information on purchasing the newest version directly from the manufacturer.]

Sandy puts the DMSO, vitamin C and antibiotic mixture on her gums twice a day by soaking one end of a Q-tip with the mixture and applying it all over her gums, then, soaking the other end of the Q-tip and applying it on the lower right side of her jaw only, soaking it especially well (the explanation for this is in the next paragraph). Additionally, she uses plain DMSO on her gums using a Q-tip after she eats to destroy bacteria. She also rinses her mouth with “Solutions 4 You” after waiting five minutes with the mixture or the plain DMSO in her mouth to give it time to soak in (Solutions 4 You removes the DMSO taste).

Note: Solutions 4 You Multipurpose or Solutions 4 You+, which contains an anti-bacterial, can be ordered directly from us or you can join the Multilevel Company through us. If you are interested in joining the MLM or just ordering from us, please call (800) 651-7080 or you may order on line at http://www.road-to-health.com/s4u/index.htm.

**Soaking Surgical Site with DMSO, Vitamin C and Antibiotics**

**Kills Bacteria in Bone Marrow**

During the second day of using it, the DMSO, vitamin C and antibiotic mixture began to cause one area in Sandy’s lower right jawbone to ache intensely right after she put it on her gums and she began to feel exhausted and wanted to sleep a lot. She reasoned that there was a cavitation with bacterial infection in it at that spot and the DMSO, vitamin C and antibiotic mixture was gradually getting rid of it, which caused her overtiredness. Being anxious to remove the infection and get her energy back, Sandy called her dentist, Dr. Aréchiga, and made an appointment for another bone scraping surgery and, a few days later, we drove nine hours to Mexico for the sixth time this year! When we arrived we asked Dr. Aréchiga if he would put the DMSO, vitamin C and antibiotic mixture into the surgical site after he scraped Sandy’s jawbone. Without hesitation he said, “Yes!”

During the surgery Dr. Aréchiga was amazed and awed that Sandy’s bone is healing and growing back as well as it is. He called me over to look into the surgical site. The bone looked beautiful. I had seen this area of Sandy’s jawbone exposed in a July surgery, before she began eating apricot kernels and putting DMSO on her gums, and the bone was fragmented and had two deep gaping holes in it with large rough particles, like big splinters, around the holes and no blood seeping up out of the holes. This time, after Dr. Aréchiga scraped away some very small rough edges of bone, he showed me the same two areas, an inch apart, that are now shallow indentions in hard, white bone that have small, bloody pinpoints in the center. Dr. Aréchiga was delighted with the condition of Sandy’s jawbone and congratulated her several times and told her she was a very lucky, healthy lady!

During the surgery I asked if I could have the job of putting the DMSO, vitamin C and antibiotic mixture into the wound. No one objected and, following Dr. Aréchiga’s instructions, I put a whole eyedropperful into the wound. Dr. Aréchiga let the mixture soak
into the bone for a few minutes and then asked his dental assistant to remove the blood, saliva and DMSO mixture from Sandy’s mouth with the aspirator. Then, to my surprise, he asked me to put another eyedropperful into the surgery site. After we waited a few more minutes, Dr. Aréchiga put stitches into Sandy’s gum and had her rinse with Lugol’s. [To order Lugol’s Iodine call (800) 651-7080 or order on line at http://www.road-to-health.com/w/lugols/index.htm] After the anesthetic wore off Sandy felt no pain in her mouth! She is more energetic now than she has been in over four years! She continues to put the DMSO, vitamin C and antibiotic mixture on her gums twice a day. We hope that, by consistently using the DMSO mixture (and colloidal silver), she will not need further jawbone scraping surgeries and the swelling and bruised-like pains throughout her body will completely go away and never come back.

**DMSO and Vitamin B12**

by Dr. David Gregg

There have been a number of publications reporting studies showing that breathing nitrous oxide may destroy a person’s vitamin B12. This has been reported not only in journal articles, but has finally been incorporated in the latest books on nutritional supplements as well as books on biochemistry. What first came to my mind was the use of this gas by dentists.

Nitrous oxide, often called “laughing gas,” is commonly used by dentists to help mitigate pain. This could present a risk to patients, but probably more often it presents a risk to people working in the office who would be exposed every day. However, a far greater potential concern came to mind when I recently read a news article that stated that the catalytic converters in automobiles are creating enough nitrous oxide emissions to contribute significantly to the greenhouse effect. It is also known to be a very stable molecule that has a lifetime in the atmosphere of approximately 150 years.

With cars continuing to produce it, one would expect the concentration in the atmosphere, world wide, to be increasing every year, and it appears to be doing so. Is this already producing B12 deficiencies world wide, which will increase with time? This would not be surprising because we require (and absorb) only a few micrograms of vitamin B12 per day and our livers store only a few micrograms in reserve. It would take only a very low concentration of nitrous oxide in the atmosphere to destroy this if the destruction process is efficient, and the individual’s dietary absorption process is inefficient. What are the potential health consequences and what can we as individuals do to protect against this potential problem?

I have had some personal experience, which I will discuss below that makes me believe that I have discovered a significant fraction of the population is B12 deficient. It is a far greater fraction than I would have expected, since it even exists in young people who should have healthy B12 absorption systems. Is this the effect of the atmospheric nitrous oxide emissions already showing up? I believe it is a definite possibility, which deserves some serious attention.

**Health Consequences of a Vitamin B12 Deficiency**

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The Material in this letter is for educational purposes only and is not intended as a prescription for any illness.
It is widely recognized that vitamin B12 in combination with folic acid is essential for your body to synthesize hemoglobin. A deficiency can result in a particular form of anemia called pernicious anemia. However, as we continually expand our knowledge of biochemistry, it is being recognized that these vitamins fill far more broad ranging requirements. It is doubtful that all their functions have been identified, but it is reasonable to conclude that a deficiency could result in or contribute to a broad range of degenerative processes.

The absorption of vitamin B12 requires a highly specialized process, which tends to become less effective with age. For this reason it is common for doctors to give elderly people B12 shots which result in them feeling much better and more energetic. It is also common for the elderly to develop numerous degenerative diseases. (They don’t all get shots.)

Does a B12 (and folic acid) deficiency contribute to the development of many degenerative diseases that we commonly associate with aging? It would not surprise me at all if it does. It doesn’t appear to be so common to give vitamin B12 shots to young people, so we may have not discovered a deficiency that may exist. Is there a similar deficiency in younger people resulting in a different set of medical problems? I have reason to believe there might be, and my only explanation for such a surprising and unnatural development is the growing nitrous oxide concentration in the atmosphere.

The individual solutions and my evidence that the problem might be broad ranging over all age groups

If a serious vitamin B12 deficiency is being caused by automobile emissions, we certainly want to change that process. However, this will require changes in cars that are beyond our individual control. So, what can we do individually?

I am a strong believer in oral dietary supplements. It is the best start. You can get B12 and folic acid supplements at any health food store and follow the directions on the label. Since vitamin B12 requires a special absorption system that may not be healthy in a particular individual, some people may not benefit from oral supplements.

For such people, one form of B12 is available, called sublingual tablets, which are designed to be held under the tongue while the B12 is absorbed through the skin. Many may find this approach to be advantageous. Available by prescription are B12 shots, which may have to be administered by a doctor. I discovered another approach which I experimented with personally and which eventually led me to discover what I interpreted to be a very common Vitamin B12 deficiency, independent of the age group. This surprised and puzzled me very much.

Back in 1994 when I was focusing on learning as much as I could about vitamin B12, an experiment came to mind, which I decided to try on myself. I saw a bottle of DMSO (dimethylsulfoxide) on the shelf of my health food store and remembered that DMSO is not only absorbed directly through the skin, but it also would carry with it any impurities dissolved in it. This can be a serious problem if the impurities are toxic.

However, I also realized that if I dissolved vitamin B12 in it, it might carry it directly
to my bloodstream through my skin. I tried it and the results were dramatic for me, far greater than any impact I had ever felt from oral or sublingual tablets. I put some of my vitamin B12 tablets obtained at a health food store into a two liquid ounce bottle with an eyedropper and filled it with DMSO. It took a couple of days for the tablets to fall apart. Once they did, I put an eyedropper load on one arm and rubbed it in. In approximately one hour I started to feel very good, which was a sense of general strength and well being. This lasted all day.

When I tried it again the next day, I got no such feeling. I also didn’t experience any bad effects either. Since I knew that approximately one month’s requirement of B12 is stored in your liver, I reasoned that my system was simply fully supplied with Vitamin B12 and that I wouldn’t need to use it again for a month or so. When I tried it again a month or so later, I got a significant boost from it again. Since then I have continued to use it on a once every month or so basis.

With time I decided to also add folic acid and a multivitamin-multimineral tablet to give the solution a broader base of nutritional support. I use a two ounce bottle with an eyedropper, add 10mg of vitamin B12 (ten 1000 mcg tablets), 9.6 mg of folic acid (twelve 800 mcg tablets) and a single multivitamin-multimineral tablet and fill it with 99.9% DMSO (leaving a bubble at the top so it can be mixed when shaken). All ingredients were obtained from my local health food store.

The tablets are mostly binder and take a few days to fall apart. They don’t fully dissolve, but that doesn’t seem to matter in terms of potency. I now use this regularly on approximately a once every month or two basis. It serves as a reasonable mood elevator for me, and I believe it contributes significantly to my general health. My interpretation is I seem to become deficient in vitamin B12 even though I take oral supplements regularly.

Over time I have told a number of other people about this and many have chosen to try it. (I strongly recommended that they consult their physician first.) Of those who have chosen to make up solutions and try it, approximately 50% have told me that they noticed a very significant energy boost, and this was not limited to elderly people. It seemed to be independent of age, from age 25 and up.

Some also found a benefit if they used it as frequently as once every two weeks and others were like me, finding the best time span between use to be in the once-a-month or so range. If I interpret this to indicate B12 deficiencies, the 50% number is much higher than I would have expected, and the impact on young people was particularly unexpected. Is this an indication that there is something happening in our environment that is causing a broad base of Vitamin B12 deficiencies? When I read the news article about automobile exhaust and the production of enough nitrous oxide to affect the greenhouse effect, a light turned on. This may the cause. If so, it is a very important issue.

It is my hope that this article will stimulate a thorough investigation into this issue to systematically evaluate if it is true, and result in an organized effort towards a solution.

DMSO (a.k.a. dimethylsulfoxide)

by Ron Kennedy, M.D., Santa Rosa, California
To exist, life must have a space in which to exist. Water is that space. All life, at least on this planet, is water based. The atoms and molecules, which conduct the life process, react with each other in water as the solvent. It is hard to imagine life without water. However, life might be possible in the presence of another solvent with qualities equal or superior to water. It may be that water is the solvent used by life on earth simply because it is here in much greater quantities than any other solvent.

A “solvent” is a carrier solution meaning that it has the capacity to accommodate other atoms and molecules in such a way that they are in “solution.” What it means to be in solution is that the atoms and molecules are separated from each other by the solvent. When atoms and molecules are thus separated, they are said to be “carried” by the solvent, or “in solution.”

For example, water is an excellent solvent for salt. If you put a teaspoon of table salt in a glass of water and stir, soon you are unable to see the salt. It has gone into solution, i.e., the atoms of sodium and chloride are separated from each other and held apart by dihydrous oxygen (water).

Industrial chemists are always interested in finding new and more effective solvents. The perfect solvent, in an industrial sense, is that solvent, which has the ability to put almost anything into solution in high concentration, is cheap, safe and smells good. Dimethylsulfoxide (DMSO), except for the smell good apart, is just such a solvent.

Dimethylsulfoxide (DMSO) was first synthesized in 1866 by the Russian scientist Alexander Saytzeff. Dr. Saytzeff reported his findings in a German chemistry journal in 1867. From there DMSO languished unnoticed in obscurity for 81 years! After World War II, chemists began to take note of the remarkable versatility of DMSO. They noticed it could dissolve almost anything and carry it in solution.

In the 1960s, medical research with DMSO showed it could not only dissolve substances, but it could also penetrate human skin and carry the dissolved substances along with it! This is remarkable, because human skin is impenetrable to most substances.

It was also shown to relieve pain and swelling, relax muscles, relieve arthritis, improve blood supply and slow the growth of bacteria. It relieves the pain of sprains and even of broken bones. It enhances the effectiveness of other pharmacological agents. If you apply DMSO to a bruise, the bruise dissolves and disappears in a matter of minutes! If you apply it to the jaw after wisdom tooth removal, all pain and swelling is prevented! The pain of acute gout can be handled with the application of 5 cc of seventy percent DMSO in water four times each day. Application to a fever blister results in rapid resolution of this problem. DMSO also relieves the pain of minor burns and if applied soon after the burn happens, will decrease the tissue damage suffered. DMSO speeds all healing, approximately doubling or tripling all healing responses.

All applications should be done with a cotton swab allowing sufficient time after the solution is painted on to allow for absorption through the skin before covering with clothes. Remember, DMSO is a powerful solvent, and it will take the dye right out of your clothes and deposit it in your skin where you will have to wait for it to grow out.
The skin of the face, neck and intertriginous zones (where skin rubs against skin) are highly sensitive to DMSO and should be exposed only to dilute solutions of fifty percent (half and half with distilled water) or less. Any skin irritation associated with the application of DMSO can be treated topically with aloe vera gel.

In the states in which it is legal to do so, doctors experienced with DMSO treat the symptoms of cancer, arteriosclerosis, Parkinson’s disease, multiple sclerosis and arthritis with an intravenous push of up to 20 cc of a 25% solution of DMSO. An alternative method is to put 50-100 cc in 500 cc of saline or five percent dextrose, and drip it in over a two- to three-hour period with or without EDTA. Only doctors who are trained and experienced in this form of therapy should administer it.

DMSO, although it is not approved by the FDA for anything except an obscure bladder condition (interstitial cystitis), is widely used in sports medicine. Professional sports in particular are obligated to use DMSO to get their athletes recovered from injury and back on the playing field. Each team knows the competition will use it, and this would mean a tremendous advantage for the other team, if it were to be ignored. Combine that with the fact that DMSO is as safe as it is effective (unlike large-dose steroid injections, which were once commonly used in professional sports) and its use becomes mandatory in professional sports medicine.

When you consider the fact that DMSO is not a new and patentable drug, is cheap, safe and effective, and knowing what you should know about the medical establishment in the U.S., you could predict with your eyes closed that there is a propaganda campaign against DMSO. The FDA has done nothing except drag its feet in DMSO research since October 25, 1963 when the first research application to study DMSO was filed with that agency.

Despite the rejection of DMSO by the American medical establishment, this simple solvent is far from finished. Legally, it can only be sold as a solvent, but sufferers of osteoarthritis and rheumatoid arthritis are using it with regularity, usually having heard of it from a friend and fellow arthritis sufferer. Only medical grade — never industrial grade — should be used on the human body due to the acetone and acid contaminants present in the industrial grade product. Grocery stores, which specialize in organically grown foods and health food stores, are the most likely places to find medical grade DMSO. A bottle will cost you only a few dollars and will save hundreds, even thousands of dollars in doctor and pharmacy bills. No wonder the medical establishment is lined up against it!

The only medical grade DMSO is available from Terra Pharmaceuticals, in Buena Park, California. It is distributed through Research Industries, of Salt Lake City, Utah. Once obtained from Terra Pharmaceuticals distributors slap on their own brand name. Rimso and Domoso are a couple of the brand names. Because of FDA regulations, even the medical grade DMSO container must bear the words “Not For Medical Use.” Veterinarians have no such restrictions. The government will allow a five million dollar racehorse to be bathed in DMSO but tries to restrict your personal use!

One particularly pleasant form of DMSO, which is in a lemon scented salve base, comes from Dr. James Critchlow of Phyne Pharmaceuticals in Scottsdale, Arizona. You can reach him by calling (800) 345-3391.
Many legislative battles have been fought to bypass the FDA and legalize DMSO. Sen. Mark Hatfield of Oregon and Rep. Wendell Wyatt, also of Oregon, both have introduced bills into the U.S. Senate and the U.S. House of Representatives, respectively, to legalize DMSO. Since these bills were introduced, the FDA has been under legislative investigation of its regulatory procedures. Some state legislatures have legalized the prescribing of DMSO, effectively bypassing the FDA. These states are Florida, Louisiana, Montana, Nevada, Oklahoma, Oregon, Texas and Washington.

So, how does DMSO work? For one thing it neutralizes hydroxyl radicals. “So what?” you say? It turns out hydroxyl free radicals are the predominant cause of pain and inflammation in arthritis. Although DMSO is not known to cure cancer, it is true hydroxyl free radicals are present in cancer and in arteriosclerosis. Hydroxyl radicals also are known to be produced in lipid peroxidation, which is thought to be the source of many degenerative diseases.

It also turns out DMSO is more “liquid” than water, and it can therefore penetrate to places in the body nothing else can reach so fast. DMSO substitutes for water and moves rapidly through cell membranes. It has been called “water’s alter ego.” This ability probably is what makes DMSO so unique as to be an entirely new therapeutic principle.

DMSO changes the water structure within the cell. Water exists in two basic structures, one more highly organized and one less organized. It may be that DMSO shifts the equilibrium between these two states of water toward the more organized form and thus speeds up the living processes of the cell, allowing healing to happen in a much-accelerated fashion.

The problem with DMSO is that it is so versatile and is such good treatment for so many conditions it has fallen into the snake oil trap. It is too good to be believed. In the Old West, peddlers of snake oil would come to town and lecture the local folks on snake oil. This stuff was said to be “good for what ails ya!” These con artists would sell a load of snake oil and then hit the road, never to be seen again. This didn’t prevent the next super-salesman from coming to town and repeating the process. Eventually, snake oil got a bad name and took along with it any therapy that has a wide range of uses. DMSO, like hydrogen peroxide and EDTA, is almost too good to believe.

To be fully accepted, a therapy must have the general support of doctors. We have given over to these people the responsibility to know the difference between legitimate medicine and quack medicine. What we fail to take into consideration is that doctors are business people and, as such — and correctly so — they are interested in the bottom line. Income minus expenses equals profits. Profits allow the business of medicine to go forward. If you go out of business, it doesn’t matter how pure your motives are, you cannot do good for many people.

DMSO, like hydrogen peroxide and EDTA, are not big money makers. So doctors, with some exceptions, do not spend much time learning about or recommending them. People who benefit from these therapies are those who take the time to educate themselves and who think for themselves. Thinking for oneself is not exactly the national pastime.
Besides the great relief provided for sufferers of osteoarthritis, rheumatoid arthritis, burns, sprains, back and neck problems, there are more exotic uses for DMSO. Studies demonstrate that it protects against the tissue damage induced by radioactivity! It serves as an excellent antifreeze, preventing tissue damage ordinarily caused by freezing conditions. It controls the swelling of the brain and spinal cord following traumatic injury. If given intravenously within ninety minutes of a stroke, it prevents much of what would become permanent damage to the central nervous system. Applied topically, repeatedly, it will flatten a raised keloid scar. It also prevents the contracture of scar tissue following burns. It has an antibacterial, antiviral and antifungal effect.

Some cancer researchers believe it has a useful place in the treatment of many cancers in that it potentiates other forms of therapy. It decreases the need for insulin in 25% of juvenile onset diabetics. Other uses of DMSO include: tic doloreaux, headache, various skin diseases including herpes, cataracts and glaucoma, retinal degeneration, scleroderma, shingles, bunions, calluses, fungus toenails and asthma. These comments only scratch the surface of the possible medical uses of DMSO.

Despite this, the FDA refuses to approve the use or prescription of DMSO for anything other than interstitial cystitis in all but eight of our fifty states! All of this in spite of the fact that DMSO is safer than aspirin. Many people have died from taking aspirin. Not one person has ever died from DMSO. This, folks, is not the age of medical enlightenment.

Despite the foot dragging of the FDA, a singular court ruling allows doctors to use and prescribe this marvelous drug. This court ruling states that if the FDA approves a drug as safe for any use whatsoever, it may be used at the physician’s discretion for whatever purpose it is deemed useful. Because the FDA approves DMSO for use in interstitial cystitis, the door is open for any physician of courage, in any state to use, prescribe and recommend DMSO.

The only drawback of which I can think to tell you regarding DMSO is its smell. It is best compared to the smell of fresh garlic. After it has reacted with the body, the odor appears in magnified form on the breath and through the skin. This lasts for three days from the last treatment with DMSO. This is not the stuff you will want to take just before going out on a hot date. This odor of DMSO probably is a blessing in disguise. It makes a person stop and think before using it and probably prevents indiscriminate use of this wonderful medical miracle substance.

This is Bonnie Again:

I am deeply thankful that we found this miracle substance! The book DMSO, Nature’s Healer by Dr. Morton Walker, ISBN 0-89529-548-2, is fascinating [to order call Christian Brothers, (800) 395-7379]. As I continue to search the Internet for more information about DMSO I am stunned at the number of people, even MDs, who have written positively about it, putting their careers and livelihoods at risk. They have given me back my daughter and I will be eternally grateful.

Love,

Bonnie.
Note: Colloidal silver is another miracle substance that works like or even better than an antibiotic when taken in small amounts throughout the day (1 tsp. eight times a day). Since Sandy added 8 teaspoons to her daily routine she feels she is gradually getting rid of the staph infection in her lymph glands. An added benefit to taking colloidal silver is that as it kills anaerobic bacteria (staph, etc.) it does not kill aerobic bacteria (the friendly bacteria). Colloidal Silver is 16 oz. for $25 or four 32 oz. bottles for $100. To get an even better price, you may join a Buyer’s Club that recently became an option. To join the club or to order, call us at (800) 651-7080. Or order on line at: http://www.road-to-health.com/woc at/silver.htm.

Note: Remember to help your body rid itself of dead bacteria and other waste material and toxins by cleaning your colon. If you do not have access to Colon Hydrotherapy you should take coffee enemas and/or Jim’s Colon Pills/Colon Cleanse capsules. To order Colon Pills or Colon Cleanse capsules call (800) 651-7080 or order on line at: http://www.colonpills.com.

Note: When taking prescription antibiotics, it is a good idea to replenish your intestinal flora daily. We have found that Candex is the most effective supplement on the market to accomplish this. Take 2 capsules twice a day between the times you take the antibiotics. To order Candex capsules call (800) 651-7080 or order on line at: http://www.road-to-health.com/w/candex/index.htm.

The Material in this letter is for educational purposes only and is not intended as a prescription for any illness.